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For Immediate Release

Date: September 30, 2003
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Speaker to Address Spirituality and Caregiving, 10/22

Ever wonder how to discover your spirituality and how it may come into play as a caregiver? The next meeting of the Caregiver Educational Support Group, offered by the Lake County Health Department/Community Health Center, will provide participants with a practical way to discover their own spirituality.

The meeting will be held at Warren Township Senior Center, located at 17801 W. Washington Street in Gurnee, on Wednesday, October 22, from 1:30 to 3:30 p.m. "Discover the Relationship Between Spirituality and Caregiving" will be presented by Dr. Ernest Hall, an Illinois Licensed Clinical Professional Counselor.

Dr. Hall is the executive director of Interfaith Chaplaincy Services, Inc., a non-profit corporation providing spiritual care and counseling services in Lake County. He is also

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an American Baptist chaplain and a pastoral counselor. The author of “Discovering Your Spiritual Life,” he has cared for the spiritual well-being of people in hospitals, nursing homes and jails, and has provided personal counseling for more than 20 years.

The meeting is free and any caregiver is welcome to attend. For more information, call Sharon Roberts, RN, MA, the Health Department's gerontologist, at (847) 377-8097.

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